

CAMP TAKAJO

BULLETIN #4

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Dear parents,

The first order of business, if you haven't done so already, is to make sure your son's travel arrangements are set. If your son is traveling from one of our larger group cities, **we cannot stress enough the importance of booking him on our group flights.** This is the only way to ensure that your child is protected in case of schedule changes, bad weather, re-routed flights, and other changes dictated by the airlines. **It is not enough to book your child independently on the same flight. OUR CHAPERONES WILL HAVE NO RECOURSE UNLESS YOUR CHILD IS LISTED ON THE MANIFEST AS PART OF OUR GROUP.**

ALL TRAVEL MUST BE BOOKED ON-LINE. Visit our web site at www.camptakajo.com. Under Parents menu, click on Bulletins/Forms, then Travel Reservation Form. Feel free to call Warren directly at 908-359-3298 if you have any questions at all about travel.

Enclosed please find the following:

- Camper Health History (Form 1—green)
- Camper Health-Care Recommendations by Licensed Medical Personnel (Form 2—pink)
- Medical Insurance Info and Prescription Coverage
- Information on KidsMedPacks
- Permission to Self-Administer Emergency Medication

1. CAMPER HEALTH HISTORY

Please complete the Camper Health History (Form 1) carefully and thoroughly. Make sure to sign the Parent Authorization at the bottom of page 1. Your pediatrician should review this form after you have completed it.

2. CAMPER HEALTH-CARE RECOMMENDATIONS by LICENSED MEDICAL PERSONNEL

For your convenience, there is a separate form for your pediatrician to fill out (Form 2). If possible, please mail the two health forms to camp together. If necessary, you may have your pediatrician's office mail the Health-Care Recommendations directly to camp.

Because of the rush at pediatricians' offices in May and June, we urge you to schedule your son's exam ASAP. (Each camper must have a health exam within 12 months of camp.)

3. MEDICAL INSURANCE INFORMATION and PRESCRIPTION COVERAGE

Please fill out and return the Medical Insurance Information and Prescription Coverage with your other health forms. Make sure to INCLUDE a copy of your health insurance card and prescription coverage card, front and back. In case of accident or sickness, we will submit your insurance information directly to all medical providers. **In cases where payment is required at time of service, the camp will pay providers directly and bill you.** We have developed relationships with the most qualified medical personnel and facilities in our area to ensure that our campers receive the most prompt and professional health care available.

4. KIDSMEDPACKS

We will continue to work very closely this summer with **KidsMedPacks**, a pre-packaged medication system founded by a board certified, practicing pediatrician.

All medications and vitamins in pill form must be processed through KidsMedPacks.

KidsMedPacks is a convenient and inexpensive way to package, ship and dispense medications and vitamins. Registration fee is \$55. Their pre-packaging program is in compliance with all state regulations regarding medication packaging for summer camps.

If your son will be taking any medication or vitamins *in pill form* on a regular basis during the summer, they must be pre-packaged and sent to camp prior to your son's arrival. **We will only dispense pills during the summer that have been pre-packaged by the KidsMedPacks pharmacy.** This includes the following:

- all medicine in pill form taken on a regular basis
- non-prescription items in pill form such as vitamins

KidsMedPacks is able to fill liquids, ointments and inhalers, but this is NOT REQUIRED by camp. Our Health Center will continue to stock most over the counter items such as Tylenol, Advil, Benadryl, Sudafed, etc.

Please see the enclosed letter with more detailed information about KidsMedPacks. If applicable, make sure to register on their web site at www.kidsmedpacks.com.

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5. PERMISSION TO SELF-ADMINISTER EMERGENCY MEDICATION

This permission applies ONLY to a camper who has medication for an emergency situation (such as a severe allergic reaction) and whose parents and doctor give written approval for the camper to carry and self-administer the medication.

This is a requirement under Maine state law. A summary of the law is noted on the back of the enclosed form. **Please return the form with your health history if this applies to your son or sons.**

PLEASE NOTE: This will apply to very few campers—mostly older boys—whose doctor and parents feel they have the ability to carry and self-administer their medication in case of an emergency.

If you have any questions about this, please don't hesitate to call.

A NOTE ABOUT ALLERGIES: We have protocols in place for boys who suffer from allergic reactions to bee stings, airborne substances, food products, etc. While we are not totally peanut-free, we are very "peanut aware." We do not use any peanut products in our cooking, nor do we offer any products with peanuts for snacks or in our camp canteen. Please note any allergies to peanuts (or anything else, for that matter) on your son's medical history so we can address his specific needs and take appropriate steps to minimize any risk of an allergic reaction.

6. PRELIMINARY BAGGAGE PREPARATION

Camp Trucking and Coopino Baggage Service are our authorized baggage carriers. Camp Trucking picks up in New York State, New Jersey, Massachusetts, Connecticut, Rhode Island, Cleveland, Chicago, Montreal, Philadelphia, and Allentown, PA. Coopino picks up in Maryland, Washington DC, and northern Virginia. Depending on your area, you will receive materials directly from either Camp Trucking or Coopino in late March or early April.

If you live in one of the areas listed above and have not been contacted by May 1st, please call Camp Trucking or Coopino directly. Call Camp Trucking at 888-599-4036 or 888-599-4037. Call Coopino at 410-653-2596.

FLORIDA FAMILIES, PLEASE NOTE: Camp Trucking services the east coast of Florida under the auspices of Team Trucking. You will be notified directly by Team Trucking.

WE STRONGLY URGE YOU TO USE THIS SERVICE. THEY ARE EXTREMELY RELIABLE! They will pick up baggage at your door and return it within a few days after camp ends. Cost is quite reasonable and competitive with major shipping carriers. Most importantly, they have never lost or misplaced a bag!

**With the increased security restrictions at airports,
it is imperative that you ship ALL baggage.**

If you need to keep an item or two behind, you may Fed Ex to camp.

Baggage on our group flights will be limited to **one** carry-on bag.

Further instructions regarding baggage shipment will accompany Bulletin #5.

REMEMBER: All bulletins are available on our web site.

Visit www.takajo.com

Go to "PARENTS" menu

then click on "Bulletins / Forms"